



# BANANA PANCAKES

## INGREDIENTS

- 1 ripe banana
- 2 large eggs, lightly beaten
- Butter or oil, for cooking  
(optional)
- Maple syrup, jam, or any other toppings, for serving...grated apple, blueberries, hemp seeds, yogurt

(Makes 8 small pancakes)

## DIRECTIONS

1. Peel the banana and mash in a bowl until a smooth consistency.
2. Crack and add the 2 eggs to the same bowl. Whisk together until mixture is combined.
3. Heat your frying pan on medium heat with butter or olive oil.
4. Scoop a small portion of prepared batter into pan.
5. Watch for pancakes to become bubbly then flip. Fry for another 2 minutes
6. Sprinkle with toppings and enjoy!

